



## FLR BookBridge Group Parenting Discussion Questions

1. The first section of the BookBridge addresses why you should read the book. According to what you read in this section, does this BookBridge apply to you? Why or why not?
2. What new key ideas about parenting does this book introduce to you? Do you agree or disagree with these ideas? Why?
3. How does this book support or add to your current parenting ideas?
4. If you are already a parent, what are you currently doing in your own parenting that could be used as an example by the writer of this book to illustrate the parenting ideas it presents?
5. In what ways does this book challenge you to change the way you do or plan to parent?
6. Which quote would you print off and post up on your bathroom mirror to see daily?
7. What is one step that you can take to personally apply the ideas in this book to your parenting situation so that it might positively change the way you parent, and who will you tell about this step so they can help to encourage you to persevere in taking it?